



New G.M.T. Sen. Sec. Public School
Holidays Homework
XII Humanities
Session: 2024-25



PREFACE

Dear Parents and Students,

Summer vacation is around the corner, bringing with itself a much needed respite from hectic school days. We hope that you will thoroughly enjoy the vacations and make the most of this summer. While it is indeed important that you relax and refresh yourselves, it is also important that you exercise your minds.

Keeping this in mind, we have designed various exciting activities to keep the students engaged and active during the summer vacation. These fun projects/ assignments would enhance learning skills, help understand concepts better, and make for a great crash course aimed at improving academic output.

These activities will not only help you to revise what was taught, but will also enrich your knowledge. These projects will be assessed as Subject Enrichment Activity, Portfolio or Art Integrated activity.

We encourage parents to motivate and support the students to ensure the given work is completed in time, to the best of their ability. Your support and encouragement both have a huge impact on your child's learning ability.

Wishing you a fun filled, safe summer vacation.

Summer Tips to be followed:

- “A healthy mind resides in a healthy body”- Pay attention to your health, go for morning and evening walks, drink lots of water, avoid the consumption of junk food, eat healthy and stay healthy.
- Open your mind for reading newspapers, novels, blogs and stories that will help you in increasing your vocabulary.
- Indulge yourself into activities like cooking, singing, dancing, aerobics, cycling, trekking, swimming, art and craft, river rafting and gardening. And share your experience with your family and friends.
- Spend quality time with your grandparents and parents, talk to them regarding their experience of school.

English

Project work

Subject	Description	To be Done
English	Roll No.1-10 Invitation Card for birthday celebration	On A4size sheet
	Roll No.11-20 Invitation Card for marriage ceremony	On A4size sheet
	Roll no. 21-35 Invitation Card for Mundan Ceremony (Note- Card should be decorated)	On A4size sheet

Punjabi

ਕਲਾ ਏਕੀਕ੍ਰਿਤ ਪ੍ਰੋਜੈਕਟ

ਨੋਟ: ਵਿਦਿਆਰਥੀ ਪ੍ਰੋਜੈਕਟ ਫਾਈਲ A4 ਸਾਈਜ਼ ਦੀਆਂ ਸ਼ੀਟਾਂ ਉੱਪਰ ਤਿਆਰ ਕਰਨਗੇ। ਵਿਸ਼ਿਆਂ ਦੀ ਵੰਡ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਰੋਲ ਨੰਬਰਾਂ ਦੇ ਅਨੁਸਾਰ ਕੀਤੀ ਜਾਵੇਗੀ।

ਵਿਸ਼ਾ:

- ਪੰਜਾਬ ਅਤੇ ਉੜੀਸਾ ਦੇ ਮੇਲੇ ਅਤੇ ਤਿਉਹਾਰਾਂ ਦਾ ਤੁਲਨਾਤਮਕ ਅਧਿਐਨ (1 ਤੋਂ 10 ਰੋਲ ਨੰਬਰ)
 - ਪੰਜਾਬ ਅਤੇ ਉੜੀਸਾ ਦੇ ਲੋਕ ਨਾਚ ਦਾ ਤੁਲਨਾਤਮਕ ਅਧਿਐਨ (11 ਤੋਂ 20 ਰੋਲ ਨੰਬਰ)
 - ਪੰਜਾਬ ਅਤੇ ਉੜੀਸਾ ਦੇ ਖਾਣ ਪੀਣ ਦਾ ਤੁਲਨਾਤਮਕ ਅਧਿਐਨ (21 ਤੋਂ 35 ਰੋਲ ਨੰਬਰ)
- (Take care of these points while making the assignment)
1. ਫਾਈਲ ਦੇ ਆਰੰਭ ਵਿੱਚ ਵਿਦਿਆਰਥੀ ਲਿਖੀ ਹੋਈ ਜਾਣਕਾਰੀ ਦੇਣਗੇ।
 - ਨਾਂ.....ਜਮਾਤ..... ਸਕੂਲ ਦਾ ਨਾਂ
 - ਸੂਚੀ ਪੱਤਰ (index)
 - ਅੰਤ ਵਿੱਚ ਪੰਨਵਾਦ ਕਰਦਿਆਂ ,ਜਿਨ੍ਹਾਂ ਸ਼੍ਰੇਣੀ ਦੀ ਸਹਾਇਤਾ ਦੇ ਨਾਲ ਪ੍ਰੋਜੈਕਟ ਤਿਆਰ ਕੀਤਾ ਗਿਆ ਹੈ ਉਹਨਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੱਤੀ ਜਾਵੇਗੀ।
 - ਫਾਈਲ ਨੂੰ ਰੰਗੀਨ ਕਵਰ ਨਾਲ ਸਜਾਇਆ ਜਾਵੇ।
 2. ਵਿਦਿਆਰਥੀਆਂ ਦੁਆਰਾ ਹੇਠ ਦਿੱਤੇ ਵਿਸ਼ਿਆਂ ਉੱਪਰ ਚਾਰਟ ਬਣਾਉਣਾ ਜ਼ਰੂਰੀ ਹੈ। ਵਿਸ਼ਿਆਂ ਦੀ ਵੰਡ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਰੋਲ ਨੰਬਰਾਂ ਦੇ ਅਨੁਸਾਰ ਕੀਤੀ ਜਾਵੇਗੀ।
 - Motivational: ਪ੍ਰੇਰਨਾਦਾਇਕ (1 ਤੋਂ 18 ਰੋਲ ਨੰਬਰ)
 - Quotational:: ਹਵਾਲੇ ਸਬੰਧੀ (19 ਤੋਂ 30 ਰੋਲ ਨੰਬਰ)
 3. ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਦੁਆਰਾ ਪੰਜਾਬੀ ਦੇ ਵਿੱਚ ਆਪਣੇ ਜਨਮ ਦਿਨ ਦੇ ਲਈ ਆਪਣੇ ਸਾਥੀਆਂ ਨੂੰ ਭੇਜਿਆ ਜਾਣ ਦੇ ਲਈ ਸੱਦਾ ਪੱਤਰ ਬਣਾਇਆ ਜਾਵੇ ਅਤੇ ਉਸ ਨੂੰ ਵੱਖ ਵੱਖ ਸੁਨਹਿਰੀ ਰੰਗਾਂ ਦੇ ਨਾਲ ਸਜਾਇਆ ਜਾਵੇ।
 4. ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਦੁਆਰਾ ਘੋੜੀਆਂ ਗਾਉਂਦੇ ਹੋਏ ਜਾਂ ਬੋਲੀਆਂ ਪਾਉਂਦੇ ਹੋਏ , ਜਾਂ ਲੋਕ ਗੀਤ ਤੇ ਡਾਂਸ ਕਰਦੇ ਹੋਏ ਆਪਣੀ ਰੀਲ ਬਣਾ ਕੇ ਵਿਸ਼ਾ ਅਧਿਆਪਕ ਨੂੰ ਭੇਜੀ ਜਾਵੇ।

History

Project Work:

Prepare the Project File on the following topics-

1. The Indus Valley Civilization: Archaeological Excavations and New Perspectives (Roll No. 1 to 6)
2. The History and Culture of Vedic period (Roll No. 7 to 12)
3. Mahabharata: The Great Epic of India (Roll No. 13 to 18)
4. Global legacy of Gandhian ideas (Roll No. 19 to 24)
5. The revolt of 1857 causes planning and coordination leadership vision of unity (Roll No. 25 to 30)
6. An insight into the Indian Constitution(Roll No. 31 to 36).

GENERAL GUIDELINES:

- The project is to be done on inter-leaf sheets.
- The total length of the project will be 25-30 pages.
- The projects must be neat and well-presented and must be completely hand-written.
- No whiteners to be used or written matter to be crossed out. In case of any mistakes, redo the sheet.
- Do not number sheets or write dates unless so instructed..
- Colour illustrations, maps, charts may be hand drawn or printed (if it is relevant for any aspect of your project) are welcome to make them look attractive.

Steps involved in the conduct of the project:

Students may work upon the following lines as a suggested flow chart:

- Choose a Title/Topic Need of the Study,
- Objective of the Study
- Hypothesis Content-Timeline, Maps, Mind maps, Pictures, etc.
- (Organization of Material/Data Present Material/Data)
- Analysing the Material/Data for Conclusion
- Draw the Relevant Conclusion
- Bibliography

Sociology

Project Work

1. The project work will be of 20 marks. Out of 20 marks 10 marks will be of viva and 10 marks will be of project work.
2. Each student has to adopt the one topic mentioned below as per their roll no and prepare the project for the same :
 - i. Demographic Structure of India
 - ii. Social Institutions: Continuity & Change
 - iii. Patterns of social Inequality and Exclusion
 - iv. Change and development in rural society
 - v. Change and development in Industrial society
 - vi. Social movements
 - vii. Structural Change
 - viii. Cultural Change
 - ix. The Challenges of Cultural Diversity

Guidelines for Sociology Project Work: 20 Marks

One Project to be done throughout the session, as per the existing scheme.

Steps involved in the conduct of the project:

- Choose a Title/Topic
- Objective of the Study
- Hypothesis
- Content -Timeline, Mind maps, Pictures, etc.
- Organization of Material/Data / Present Material/Data)
- Analyzing the Material/Data for Conclusion
- Draw the Relevant Conclusion
- Bibliography

Expected Checklist for the Project Work:

- i. Introduction of topic/title
- ii. Identifying the causes, events, consequences and/or remedies
- iii. Identify various associated dimensions and effect of the identified situation or issue on each of them.
- iv. Advantages and disadvantages of situations or issues identified
- v. Short-term and long-term implications of strategies suggested in the course of research
- vi. Validity, reliability, appropriateness and relevance of data used for research work and for presentation in the project file
- vii. Presentation and writing that is succinct and coherent in project file
Citation of the materials referred to, in the file in footnotes, resources section, bibliography etc.

Political Science

Project Work:

General instructions for project

The Project is to be done on inter-leaf sheets.

- The total length of the project should be 25 – 30 pages.
 - The Project must be neat and well-presented and must be completely hand-written.
 - No whiteners to be used or written matter to be crossed out.
 - Colour , Maps, charts may be hand drawn or printed (if it is relevant for any aspect of your project) are welcome to make them look attractive
- Steps involved in the conduct of the project:

Students may work upon the following lines as a suggested flow chart:

- Choose a Title/Topic
- Objective of the Study
- Hypothesis
- Content-Timeline, Maps, Mind maps, Pictures, etc.
- (Organization of Material/Data Present Material/Data)
- Analysing the Material/Data for Conclusion
- Draw the Relevant Conclusion
- Bibliography
- Introduction of topic/title.

Prepare a project file on the following topics.

1. Disintegration of USSR with special focus on Gorbachev. (Roll No 1-6)
2. Relationship between India and China. (Roll No 7-12)
3. Partition of India: Theory behind it and it's legacy . (Roll No 13- 18)

4. India's Nuclear Policy (Roll No 19-24)
 5. Comparison between NITI AAYOG and Planning Commission and their Contribution in India's development (Roll No 25-30)
 6. Election 2019- Rise of BJP and downfall of Congress (1989 -2019) (Roll No 31 onwards)
- Every student has to prepare only one project from the projects given above .

Physical Education

Project work:

Make one project for any game of your choice.

1. Athletics
2. Archery
3. Badminton
4. Kho – Kho
5. Chess
6. Volleyball
7. Basketball
8. Judo
9. Taekwondo
10. Skating.

Unit -1

You choice any one game and write the game.

- History of the games
- Latest Rules
- Fundamental Skills
- Specification of play field and related sports equipment
- Related sports terminology

Unit – 2

- Importance tournament and venues
- Sports personalities
- Sports Awards
- Proper Sports Gear and its Importance
- Common sports injuries and its prevention
- Specific Exercise of Warm up and Conditioning

Music

Project file.

Topic:-

1. Description of following Raags:- Raag Bhairav ka Bada Khayal with notation, Chhota Khyal and Tarana. Raag Bageshri and Raag malcons, ka Chhota Khayal Bandish with notation and Tanas .
2. Anyone Dhamar
3. Description of Raag shuddh sarang.
4. Description Of following Talas:-
Jhaptala, Rupak Taal, Dhamar Tal – Igun, Dugun and Chaugun
5. Model of any one Instrument:-
Tanpura, Harmonium, Sitar, Tabla, Guitar, Dholak, Damru and Veena.

Economics

Project Work:

Make a project of following topics:

Choose any one from given below

- Roll no (1,6,11,16,21,26,31) Government budget
- Roll no (2,7,12,17,22,27,32) Foreign Exchange
- Roll no (3,8,13,23,28,33) Employment
- Roll no (4,9,14,19,24,29,34) Human capital Formation
- Roll no (5,10,15,20,25,30) Balance of Payments

Instructions to be followed

Prepare Acknowledgment

Certificate

Index

Introduction to the topic

Content up to 25 pages

Bibliography